27 year old woman participates in the program “Vaginal delivery after caesarean section (CS)”

1st pregnancy cesarean at 39 weeks due to fetal distress.

Ultrasound scan 6 months after CS: remaining myometrium over the defect in hysterotomy scar 7.5 mm

2nd pregnancy asymptomatic

Screening 11 weeks
- unremarkable

Transvaginal scan 13 weeks due to participation in research program
- intrauterine fetus with normal anatomy
- small gestational sac with a yolk sac without embryo in the caesarean scar
- two corpora lutea

Diagnosis Heterotopic cesarean scar pregnancy with normal intrauterine pregnancy

Expectant management since the scar pregnancy was small and non-viable

Scan 22 weeks
- ectopic gestational sac was not visualized
- intrauterine pregnancy with normal development

Scan 30 weeks
- thickness of lower uterine segment 4.9 mm
- intrauterine pregnancy with normal development

Plan trial of labor after cesarean

Outcome uncomplicated vaginal birth 37+0

Conclusion
Vaginal delivery after expectant management might be appropriate in non-viable heterotopic caesarean scar pregnancies