

TS10 – Promoting healthy nutrition for infants and children: rationale, evidence, practice and policy



**Next Generation Nutrition:
Innovative Solutions**

Presenter:

Karen Campbell

Dr Karen Campbell is a researcher in nutrition and public health at Deakin University's Centre for Physical Activity and Nutrition Research. Her research focuses on understanding children's eating and activity behaviours and on the design and trialling of interventions to promote healthy lifestyle behaviours in childhood.

Kylie Hesketh

Dr Kylie Hesketh is a Research Fellow at Deakin University's Centre for Physical Activity and Nutrition Research. Her research focuses on understanding physical activity, sedentary behaviours and obesity in children. In particular she is interested in family-based influences and prevention strategies during the early childhood period.

Sarah McNaughton

Dr Sarah McNaughton is a National Heart Foundation of Australia Research Fellow in the area of nutritional epidemiology in the School of Exercise and Nutrition Sciences at Deakin University and is an Accredited Practising Dietitian. Dr McNaughton's current research interests include the assessment of dietary patterns and diet quality. She investigates the impact of specific dietary patterns on chronic disease outcomes and is collaborating on the Childhood Determinants of Adult Health Study, the AusDiab study, the Women's Health Australia study and has active collaborations with researchers at University College London. She is also conducting research on the influences on dietary patterns among older adults and is leading an ARC-funded study in this area. She has

published over 25 peer-reviewed papers and has been an Associate Editor of Nutrition & Dietetics since 2003.

John Lynch

Professor John Lynch is Professor of Epidemiology and Population Health in the School of Health Sciences at the University of South Australia and Professor of Population Health at University of Bristol (UK). He is an internationally recognized scholar in epidemiology and population health with more than 200 publications and wide-ranging research collaborations in Brazil, Britain, Canada, Denmark, Korea, Sweden and the US. He has received research funding from the US National Institutes of Health, Centers for Disease Control and Prevention, Robert Wood Johnson Foundation, and the Canadian Institutes for Health Research, and the National Health and Medical Research Council of Australia.

Rebecca Golley

Dr Rebecca Golley is a Dietitian and NHMRC Postdoctoral Fellow in the School of Health Sciences at the University of South Australia. Her PhD thesis evaluated incorporating parenting support within a child weight management program. She is an author of the 'CSIRO Wellbeing Plan for Kids'. Rebecca has also worked in England (www.schoolfoodtrust.org.uk) researching the nutritional and learning benefits of improving school food policy. Her research focuses on supporting parents to achieve healthy family eating and activity habits.

Nadia Corsini

Dr Nadia Corsini is a research psychologist and research projects officer at CSIRO Human Nutrition. Her expertise is in the area of parental feeding practices and their influence on eating behaviours in young children. She is an author of the 'CSIRO Wellbeing Plan for Kids'. She is currently leading an intervention that aims to increase liking and consumption of vegetables in young children.

Gilly Hendrie

Dr Gilly Hendrie is a Research Projects Officer at CSIRO within the Children's Healthy Weight and Wellbeing Team, and is currently completing a PhD in nutrition. Her PhD aims to better inform how parents and the home environment can be used to support healthy behaviours in children.

Sarah Mitchell

Sarah Mitchell is registered psychologist, who works as a Research Officer at the Parenting Research Centre (PRC). Sarah has been at the PRC since 2005 and currently works on the Parenting for Health and Wellbeing team.

Elizabeth Denney-Wilson

Dr. Elizabeth Denney-Wilson is a research fellow at the UNSW research centre for Primary Health Care and Equity. Her research interests include the prevention and management of obesity and cardiovascular disease in primary care. She has over 15 years of research experience and has managed RCTs, cohort and cross-sectional studies and has expertise in both quantitative and qualitative methods. She has contributed to over 20 peer-reviewed papers over the last 5 years and has presented her work at national and international conferences. She is currently co-chair of the Australian Child and Adolescent Obesity Research Network (ACAORN) prevention stream.